RESTORATIVE QUESTIONS

Restorative Questions are a great tool to use with students after an incident where harm may have been caused. Restorative Questions are not just for the person who caused the harm but also for persons affected by incident.

To ask the person who caused harm:



Empathize with the student while providing additional self-reflection time.

Provides students an opportunity to take responsibility for their actions and repair the relationship.

What happened?

What were you thinking at the time?

What have you thought about since the incident?

Who do you think has been affected by your actions and in what way?

What do you think needs to be done to make things right?

Allowing student to practice self-reflection and unpack the root cause or motivations behind the incident.

Student has an opportunity to reflect on the impact of their actions beyond the immediate harm that was caused.

To ask the person who was affected:

Focusing on the facts and feelings of what happened to build context and establish motivation.

Empower the student affected to share their insight/perspective.

Centering the repair the harm process led by the person affected.

What was your reaction at the time of the incident?

How do you feel about what happened?

What has been the hardest thing for you? What impact has this incident had on you and others?

What do you think needs to happen to make things right?

Allowing student to practice self-reflection and unpack the feelings the incident has brought up for them.

Opportunity to identify the impact of the harm on all involved.

