

BEHAVIOR REFLECTION SHEET

THINK ABOUT YOUR CHOICES AND BEHAVIORS WHILE FILLING OUT THIS REFLECTION SHEET.

Be detailed – Be honest – Be your best self

1) What happened?

2) What were you thinking about when it happened?

3) What have you thought about since the situation?

4) Who do you think has been affected by your actions?

5) How have they been affected (list each person or group and how they were affected)?